



Parenting

Understanding each child's nature and the dynamics between parents and children.

Every child has their own way of feeling, learning, communicating and engaging with the world. A Parenting session uses Human Design to explore that individuality and help adults recognise a child's natural needs and rhythms, without trying to fit them into a predefined model.

What we explore

Type, Strategy and Authority

How a child engages with their environment and their natural ways of responding and making decisions, with respect for their developmental stage.

Defined and open centres

Where there is greater consistency and where a child may absorb and amplify influences from the family environment.

Communication and learning

Differences in expression, attention and the way a child processes everyday experiences.

Family dynamics

How the designs of parents and child interact, including complementarities and potential points of friction.

Respecting individuality

The session offers a perspective for observing a child more clearly and adapting the way you support them. It is not about imposing rules or defining who they will become, but making room for their own way of being.